Behavioral-Health Smartphone Apps

Current State of the Field
- Hundreds of behavioral-health apps are currently available
- Most do not conform to best-practice standards
- Credentials of creators often unknown

What I Offer
- Licensed clinical psychologist
- Post-doctoral fellowship in computer applications for mental health
- Two-decade history of creating educational multimedia

Example Apps
- Suicide Lifeguard
  Made possible via funds from a Substance Abuse and Mental Health Services Administration grant, this app provides direct access to the National Suicide Lifeline as well as instructions for first-responders who help individuals who are experiencing suicidal ideation.

- Bridges To Sobriety
  A contract with Bridgeway Behavioral Health resulted in this innovative app that blends best-practices in adolescent substance abuse treatment with engaging interactive gameplay.

Publication

Next Steps
- Contact me to discuss how we can collaborate on the creation of your new app.